

Lunch & Recess Orders must be placed on-line via Flexi-Schools by 9am

SANDWICHES/ROLLS

Build Your Own Sandwich on Flexi-Schools

Vegemite

Ham

Chicken

Tuna

Salad

Plus a variety of fillings

Wholemeal & White Bread, Wraps, Rolls available.

Gluten Free Bread Available on Request

Toasting Available

Refer to Flexi-Schools for Pricing



PRE-MADE SALADS

Caesar Salad \$4.50

Garden Salad with Ham \$4.50

Fresh Fruit Salad \$4.50

RECESS & LUNCH SNACKS

Fresh Fruit (seasonal) \$1.00

Red Rock Deli Chips 28g (sea salt) \$2.00

Grain Waves (sour cream & chives) \$2.00

JJ chicken snacks \$1.50

Vaalia Yoghurt for kids vanilla/strawberry \$1.50

Banana bread \$3.00

Veggie Cups \$1.50

Tasty cheese and biscuits \$1.50

FROZEN SNACKS

Quelch Icy Bites (fruit based ice) half/full 1.2/60c

Sugar Free-zies (half/full) 1.2/60c

Twisted frozen yoghurt (choc vanilla/watermelon mango) \$2.50

Snap- Stix half/full 1.2/60c

Frozen Fruit Cup (orange, apple) \$1.20

Ice Mony (lemon ice, blue raspberry, berry blast) \$1.20

HOT FOOD

Cheese Burger (beef patty, cheese, sauce) \$4.80

Chicken Burger-Flame grilled patty, lettuce, mayonnaise \$5.00

Macaroni Cheese \$3.70

Pasta Bolognese \$4.50

Pizza Melt (ham & cheese or cheese) \$2.50

Hot Dog \$3.50

Hot Dog w cheese \$3.80

Fried Rice \$3.80

Sausage Roll Lite (100% Beef) \$3.80

Traveller Pie \$4.20

Lite chicken & vegetable Pie \$4.20

Sauce Sachet (tomato, BBQ) 30c

JUNIOR'S - HOT FOOD

Party Pies (x2) \$2.00

Mini Sausage Rolls (x2) \$2.00

Fish Cocktails (x4) \$2.20

Ham & Cheese Pin Wheel (x2) \$2.00

DRINKS

Water 350 ml \$1.50

Water 600 ml \$2.50

oak 300 ml (chocolate, strawberry) \$2.20

oak 300 ml (iced coffee) vanilla malt \$2.50

200 ml M/Valley (orange passio NAS fruit juice) \$2.50

juice bombs (applecola, lemonade, orange passio, watermelon) \$3.00

Up & Go 250 ml (chocolate, strawberry, vanilla ice) \$3.00

Hot Chocolate/ Milo \$2.00

All food orders must be placed via www.flexischools.com.au by 9am.

Snacks and Drinks are available over the counter during recess and lunch

MAGS is a nut-aware campus, however some items sold in the canteen may contain traces of nuts.